

YRC II Alternative Program – A Systemic Approach

The YRC II Alternative Program includes two components: delivery of evidence-based cognitive behavioral programming AND implementation of a family engagement model to strengthen work with families.

1. Delivery of evidence-based cognitive behavioral programming with fidelity and at the appropriate intensity has been proven to reduce recidivism in juveniles assessed to be at high or moderate risk on the state risk assessment instrument when admitted to state custody for out of home placement.

Target Population:

- A. Sedgwick County youth committed to KDOC-JS custody for out of home placement.
- B. New admission to juvenile case management for placement out of home.
- C. YLS/CMI score of moderate or high risk to reoffend.
- D. Intake placement decision based on risk and needs is a YRC II.
- E. YRC II placement is in Sedgwick County and any subsequent local placement until discharge from state custody.

Projected Clients (after start up): 100 annually

Strategic Plan Goal: To reduce recidivism in the target population and increase the number of YRC II youth served in local placements vs. outside Sedgwick County.

Objectives:

- 90% of local YRC II youth will be served in Sedgwick County placements.
- 80% of youth entering the program will complete the required hours to graduate.
- 70% of youth graduates will show improvement from pre-program administration to post-program administration of an approved assessment instrument to measure changes in criminal thinking, values and attitudes.
- Moderate risk offenders will complete 69 hours of cognitive behavioral programming to combine with YRC II services totaling 100 or more qualifying hours proven to reduce recidivism.
- High risk offenders will complete 91 hours of cognitive behavioral programming to combine with YRC II services to complete 200 or more qualifying hours proven to reduce recidivism.
- To reduce recidivism to 18% or less for graduates measured at 6 and 12 months. *
- To benchmark recidivism for graduates measured at 24 and 36 months.*

*A recidivist is a youth that was a successful completion of programming and engaged in new unlawful behavior resulting in a guilty finding in the 18th Judicial District Courts (juvenile or adult) for a new crime.

CY 2016 Budget for Component 1

Personnel	Cost
1 – Corrections Coordinator	
4 – ISO Is / Program Providers	
Total Personnel Salary & Benefits Costs	\$277,000
Commodities	
Client Refreshments	2,000
Curriculum Supplies	2,400
Total Commodities	\$ 4,400
Contractuals	
Training	2,500
Travel	2,500
Mileage	1,000
Miscellaneous	5,000
Total Contractuals	\$ 11,000
Total Budget for Component 1	\$292,400

CBT Services / Fidelity	Hours / % Program Effect Dosage
High Risk	91 hours / 46% (200 hours)
Moderate Risk	69 hours / 69%

High risk and moderate risk clients will complete these groups separately. Female clients will also be separated from male clients to meet gender responsive best practice. Groups are planned to be provided at three different sites. The number of concurrent sessions of the same group including make-up sessions will fluctuate with changes in demand.

Employment and life skills training, treatment and family engagement service hours prior to, during and after YRC II placement combine with the recommended CBT program hours to reduce recidivism.

Groups to be Provided	Amount of Hours / Weeks
Thinking For a Change (T4C) – High Risk	4 hours/week for 13 weeks – 52 hours
Thinking for a Change (T4C – Moderate Risk	3 hours/week for 13 weeks – 39 hours
Anger Replacement Therapy (ART) – High Risk	3 hours/week for 13 weeks – 39 hours
Anger Replacement Therapy (ART) Moderate Risk	3 hours/week for 10 weeks – 30 hours

Staff	Schedule
Corrections Coordinator	Monday – Friday 12:00pm – 9:00pm
ISO Is – Program Providers	Monday – Friday 12:00pm – 9:00pm

2. Implementation of the Family Engagement Model in DOC juvenile services programs.

The Department of Corrections will enter a professional services agreement with Vera Institute of Justice, Inc., to adopt a best practice family engagement model in the juvenile services division. This practice change to better engage youth with their parent(s) will positively impact all juvenile clients served at the Juvenile Intake and Assessment Center, Juvenile Detention Facility, Juvenile Residential Facility, Home-based Supervision, Juvenile Intensive Supervision Program, Juvenile Case Management and the Sedgwick County Youth Program.

The family engagement model involves changes in policy, procedure, practice and staff training at each program. For juvenile corrections it represents a paradigm shift to adopt a strengths-based and family-focused approach.

Recent research by the National Research Council is moving the field toward a developmental approach. Family engagement is a significant step for DOC to move in this direction. This will require 18-months of technical assistance to DOC to make this change. Professional services will include an assessment of current practices, identification of areas for improvements, recommended policy, procedure and practice changes, training staff top to bottom on best practices to achieve buy-in and evaluation of the impacts.

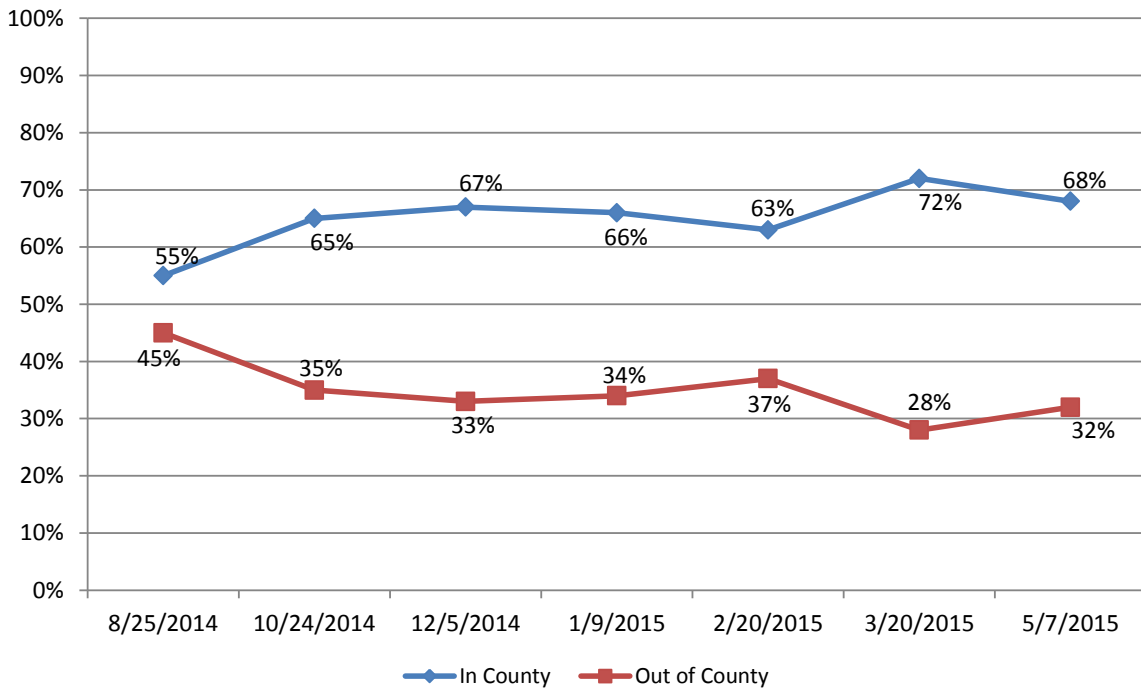
CY 2016 Budget for Component 2

Contractual Services	\$145,000
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CY 2016 Budget for Both Components

Component 1	\$292,400
Component 2	\$145,000
Total	\$437,400

**Percent of Sedgwick County Youth Placed in YRC IIs
In County Verses Out of County**



**Number of Sedgwick County Youth Placed in YRC IIs
In County Verses Out of County**

