# AMENDMENT TO AGREEMENT

This Amendment to Contract entered into as of this day of, 2011 by and between Sedgwick County, Kansas, hereinafter referred to as "County," and Tiyospaye, D.B.A. Higher Ground, a non-profit corporation hereinafter referred to as "Contractor."				
WITNESSETH:				
WHEREAS, the parties hereto have entered into a contract on the 15 <sup>th</sup> day of June, 2011, to provide crime prevention services; and				
WHEREAS, the parties have found it necessary to make certain amendments to the original agreement.				
NOW, THEREFORE, in consideration of the mutual covenants, conditions and promises contained herein, the parties hereto do agree the contract shall be changed as follows:				
1.	Appendix B – Purpose, Goals and Objectives is hereby amended and shall read as attached.			
IN WITNESS WHEREOF, County and Contractor have executed this Amendment to Contract as of the day and year first above written.				
ATTES	ST	SEDGWICK COU	JNTY, KANSAS	
KELLY	Y B. ARNOLD, COUNTY CLERK	DAVID M. UNRU SEDGWICK COU	JH, CHAIRMAN JNTY COMMISSION	<b>N</b> .
APPRO	OVED AS TO FORM ONLY:	TIYOSPAYE, DE	A HIGHER GROUN	D
JENNII COUN	Magara FER MAGAÑA, DEPUTY COUNTY SELOR	MARY SAN MA	n To faction RTIN, CEO & PRESI	DENT

# APPENDIX B - PURPOSE, GOALS, AND OBJECTIVES

# HIGHER GROUND Learning the Ropes Program

Tiyospaye, D.B.A. Higher Ground *Learning The Ropes Program* will reduce use/abuse of alcohol and illicit drugs, early and persistent anti-social behaviors associated with substance abuse and associated family management problems in clients, who complete its early intervention and treatment components. Project services include: diagnostic and referral services; alcohol/drug information, anger management and experiential prevention classes; experiential therapies (wilderness and challenge courses); comprehensive case management services; outpatient treatment; continuing care counseling; family counseling and bilingual/Spanish services.

#### MANAGEMENT PLAN

#### a. Counseling and Treatment Services

Higher Ground provides a continuum of early intervention and treatment services, matching length of stay and intensity of services to individual needs. Level 2 provides brief counseling and lasts approximately three to six weeks. It includes early intervention, alcohol/drug education, brief therapy and continuing care support. Level 3 is primary outpatient treatment and generally lasts three to twelve months. Level 1 and 2 clients attend one to three evenings per week, involving individual counseling, group and family sessions, as well as, monthly weekend sessions focused on building communication and working as a team through: 1) adventure-based, experiential therapeutic activities-trust and communication games; camping; ropes and challenge courses; and 2) sobriety-oriented activities – physical fitness, sober recreation and field trips. Continuing care services are offered to establish a sobriety-centered lifestyle, after which clients are encouraged to serve as peer counselors, assisting in the planning and implementation of weekend intensives and recreational activities for primary treatment clients. Case management is provided throughout the program.

## b. Research-based family education component, "Parents Who Care"

Parents/families attend Parents Who Care (PWC) modules as an integral part of the family component. PWC programming lasts ten to twelve hours and is presented in two to three hour segments at weekly family groups. This parent education program addresses substance use/abuse, family management and other difficult issues surrounding adolescence. The PWC program modules and materials are offered in both English and Spanish, allowing Higher Ground to adequately serve their large Hispanic client populations. Our bilingual/bi-cultural staff facilitate the PWC education in Spanish, as well as assist Hispanic families with unique issues related to understanding how to help their youth bridge two cultures.

### **CLIENT OUTCOMES**

**GOAL 1:** Serve a total of **185** individuals, 85 adolescents and 100 family members through the term of the current contract.

**Obj** A- 85 adolescents will be served in *Level 2 & 3*, Early Intervention and Treatment services.

**Obj B** - 100 family members of clients in level 2 and 3, Early Intervention and Treatment Services.

GOAL 2: Youth will reduce antisocial behaviors by choosing healthy behaviors. (Measurements: Standardized pre/post treatment measures, client/family satisfaction surveys and six-month, follow-up interviews).

**Outcome 1a:** 70% of youth successfully completing the program and assessed as high risk will report abstinence at 6-month follow-up interviews.

**Outcome 1b:** 80% of youth successfully completing the program and assessed as moderate risk will report abstinence at 6-month follow-up interviews.

**Outcome 2a:** 70% of participating youth assessed as high risk will demonstrate no new arrests during their involvement with the program as measured by Juvenile Intake and Assessment Center records.

Outcome 2b: 65% of high risk youth successfully completing the program will have no new arrests at 6-months as measured by Juvenile Intake and Assessment Center records.

Outcome 2c: 80% of participating youth assessed as moderate risk will demonstrate no new arrests during their involvement with the program as measured by Juvenile Intake and Assessment Center Records.

**Outcome 2d:** 75% of moderate risk youth successfully completing the program will have no new arrests at 6-months as measured by Juvenile Intake and Assessment Center records.

Outcome 3: 51% of youth will successfully complete substance abuse treatment.

GOAL 3: Family members, participating in *Levels 2 & 3*, will report improved family management problems. (Measurements: pre- and post-test scores at graduation and/or client completion from "Parents Who Care" curriculum, interviews and group report forms.)

**Outcome 5:** 80% of participating family members will be able to demonstrate knowledge and understanding of key concepts and skills presented in Parents Who Care classes.

**Outcome 6**: 80% of participating family members will report improvement in their family relationships as a result of participating in the Higher Ground program.

Outcome 7: 66% of participating youth, who complete a post-treatment Youth Assessment Index & Client Satisfaction Survey, will demonstrate improvement in the area of family/social relationships.