

REGISTRATION

Registration begins
March 8 through April 11

ONLINE: Active.com
Registration closes
on April 11 by noon.

BY MAIL: Fill out the attached registration form
with your registration fee and mail to:
Link 4 Life - 635 N. Main, Wichita KS 67203

Mail and online registered entrants may pick up their
race packets at Cowtown Friday, April 12 from 1 to
6 p.m. at the east side of the Cowtown parking lot,
or on race day beginning at 7 a.m.

IN PERSON:

Registration begins March 8 through April 11 at 5 p.m.

First Gear - 111 N. Mosley

Go Run West - 2556 N. Maize Rd

Go Run East - 2350 N. Greenwich Rd, Suite 1300

REGISTRATION AT COWTOWN:

Friday, April 12 from 1 to 6 p.m. at the
east side of the Cowtown parking lot,
or on race day beginning at 7 a.m.

All entrants must sign a waiver to participate.

FOR MORE INFORMATION
call Bev Baalman at 316-660-7652



*Sedgwick County...
working for you*

Suicide Prevention Coalition
635 N. Main - Wichita, KS 67203



10TH ANNUAL LINK 4 LIFE RUN



To Prevent Suicide

5K RUN

YOUTH COMPETITIVE ONE MILE

Special Distance events for 3 to 18 years of age
Family Walk - Survivor Walk



SATURDAY
APRIL 13, 2013
Old Cowtown Museum - Wichita, KS

RACE DAY

SATURDAY APRIL 13, 2013

7:40 A.M. 5K All ages

8:30 A.M. Youth Competitive One Mile
18 and younger

8:45 A.M. 3/4 Mile 11-18 years

9:00 A.M.
1/2 Mile 9-10 years

9:15 A.M. 1/4 Mile 7-8 years

9:30 A.M. 1/8 Mile 5-6 years

9:45 A.M. 50 Yard (walk-run-crawl) 3-4 years

9:55 A.M. All ages

Family Walk - Survivor Walk (non-competitive mile)
Start west of Cowtown parking lot by the roundabout

Registered participants must be in the staging area 30 minutes before their race begins.

Children ages 3-8 must be picked up by a parent or guardian at fenced-in "Kids Corral" located near the finish line.

LINK 4 LIFE PARTY

8:30 TO 10:45 A.M.



Race Awards 10 A.M.

Participation medals will be given to all youth finishing the Link 4 Life Run.

The **Open 5K** awards will be given to the top 3 males and females in 5 year age groups from 19 and younger to 70 and older.

The **Youth Competitive One Mile** awards will be given to the top 3 males and females in the following age groups: 16-18 years; 13-15 years; 11-12 years; 9-10 years; 7-8 years; 6 years and younger.



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E-Mail: jgroves2@sbcglobal.net



McGinness Family
Foundation



Substance Abuse
Center of Kansas

REGISTRATION FORM

Name _____

Address and/or School Name _____

City _____

State _____

Zip _____

Phone _____

Email _____

Age (as of 4/13/13) _____

Male

Female

T-SHIRT

Please Circle Size

Adult: S M L XL XXL (\$2 extra)

Youth: S M

EVENT

Race Entered _____ 5K _____ Youth Competitive One Mile
(All ages) (18 and younger)

_____ Family Walk - Survivor Walk (Non-Competitive Mile)
(All ages)

Youth Non-Competitive Events _____ 3/4 Mile _____ 1/2 Mile
(11-18 years) (9-10 years)

_____ 1/4 Mile _____ 1/8 Mile _____ 50 Yard
(7-8 years) (5-6 years) (3-4 years)

5K: \$25 in advance, \$35 day of race

Youth Competitive One Mile: \$15 in advance, \$25 day of race

Family Walk - Survivor Walk: Adults \$20 in advance, \$25 day of race
Youth \$10 in advance, \$15 day of race

Non-Competitive Youth Events: \$10 in advance, \$15 day of race

\$10 charge for each additional event

Waiver Statement

As an entrant in the Sedgwick County Suicide Prevention Link 4 Life Run for Suicide Prevention, I assume complete responsibility for injury to me or damage to my property which may occur during the event or while I am on the premises of the event; and I hereby release and hold harmless the sponsors, promoters and all other persons associated with the event from any and all liability for injury or damage, whether caused by negligence of the sponsors, promoters or other persons associated with this event, or otherwise. I grant permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever.

Signature (if under 18, parent or guardian) _____

Date _____